

Green Trees Care Home

Breakfast Choices

Toast with Jam, Marmalade, Honey etc.

A selection of cereals including

- Cornflakes
- Weetabix
- Coco Pops
- Ready Brek
- Shredded Wheat
- Others as requested

Supper Choices

In addition to the menu items the following are available

- Sandwiches and Salads including
 - Ham
 - Cheese
 - Tuna
 - Egg
 - Egg mayonnaise
 - Tinned Salmon
 - Corned Beef
 - Others as requested

Fresh fruit and Ice Cream are always available as a sweet.

These choices are a selection of the normally available items.

Other choices can be made available to meet individual requirements.

Tea and Coffee and other drinks are served morning, afternoon and evening with biscuits if required and available at other times by request.

Snacks can be provided at other times if required.

Most meals are prepared and cooked fresh on the premises.

Day / Date	Lunch	Sweet	Supper	Sweet
Sun 21/01/2007	Roast Lamb and Yorkshire Pudding Cauliflower with Herby Butter, Roast Parsnips with Honey, Peas	Roast Potatoes Cream	Rhubarb Crumble Assorted Sandwiches	Gateaux
Mon 22/01/2007	Yogurt Marinated Beef Spring Greens, Juilenne Carrots, Sweetcorn Salmon with Mayonaise	New Potatoes	Lemon Meringue Pie Tortilla, Side Salad, Bread and Butter	Angel Delight
Tue 23/01/2007	Chicken and Leek Pie Swede, Broccoli, Cabbage Cod with Bake	Mashed Potatoes	Fruit and Ice Cream Parsnip and Apple Soup, Bread and Butter	Egg Custard
Wed 24/01/2007	Gammon and Pineapple Tomatoes, Peas, Onion Rings Breaded Plaice	Saute Potatoes	Strawberry Mousse Fish Fingers, Baked Beans, Bread and Butter	Assorted Cakes
Thu 25/01/2007	Lentil Burgers and Cream Sauce Ratatouie Trout with Almonds	Potato Wedges	Bakewell Tart Cream Assorted Salads, Bread and Butter	Fresh Fruit Salad
Fri 26/01/2007	Tangy Lamb Cabbage, Grated Carrots, Red Cabbage Smoked Haddock with Dill Sauce	Cheesy Potatoes	Stewed Apples Custard Coronation Chicken, Side Salad, Bread and Butter	Jaffa Cakes
Sat 27/01/2007	Beef with Horseradish Runner Beans, Sweetcorn, Cauliflower Haddock with Pepper Sauce	Dutchess Potatoes	Fresh Fruit Salad Bacon and Tomato Quiche, Side Salad, Bread and Butter	Port Jelly

Day / Date	Lunch	Sweet	Supper	Sweet
Sun 08/04/2007	Roast Turkey with Yorkshire Pudding and Stuffing Peas, Carrots, Broccoli	Roast Potatoes Cream	Melon Tarte Tartin Assorted Sandwiches	Assorted Cakes
Mon 09/04/2007	Cold Meats Baked Beans, Tomatoes Cod	Chips	Apple Pie Cream	Lentil and Bacon Soup, Bread and Butter Fresh Fruit Salad
Tue 10/04/2007	Steak Pie Swede, Peas, Cabbage Haddock	Mashed Potatoes	Orange Soufflé Cream	Salmon Mousse, Side Salad, Bread and Butter Muffins
Wed 11/04/2007	Chicken with Plum, Apricot and Mango Sauce Broccoli, Sweetcorn, Red Cabbage Plaice	New Potatoes	Honey Rice Pudding	Quiche, Side Salad, Bread and Butter Mousse
Thu 12/04/2007	B.B.Q. Pork Spring Greens, Carrots, Roast Parsnips Salmon	Garlic Potatoes	Bakewell Tart Custard	Egg Mayonaise, Side Salad, Bread and Butter Eclairs
Fri 13/04/2007	Lamb in Garlic Sauce Leeks, Cauliflower, French Beans Fish Cakes	Saute Potatoes	Fudgey Banana Pudding Cream	Seafood Cocktail, Side Salad Yogurts
Sat 14/04/2007	Vegetable Burgers Ratatouie Fishermans Pie	Jacket Potatoes	Jubilee Cherries Cream	Homemade Soup, Bread and Butter Ginger Cake

Day / Date	Lunch	Sweet	Supper	Sweet
Sun 03/06/2007	Roast Pork and Yorkshire Pudding and Apple Sauce Peas French Style, Braised Red Cabbage with Apple, Mange Tout	Roast Potatoes Cream	Boozy Peaches Assorted Sandwiches, Side Salad	Assorted Cakes
Mon 04/06/2007	Chicken in Mango Sauce Spring Greens, Grated Carrots, Cauliflower Cod with White Wine and Cream	Dutchess Potatoes Custard	Apple and Coconut Crumble Egg Mayonaise, Side Salad, Bread and Butter	Victoria Sponge
Tue 05/06/2007	Honey Glazed Lamb with Rosemary Sauce Cabbage with Mustard, Puree Swede, Brussel Sprouts Plaice with Butter Sauce	New Potatoes with Herby Butter	Fresh Fruit Salad Assorted Salads, Bread and Butter	Chocolate Chip Muffins
Wed 06/06/2007	Beef in Ale Pie French Beans, Roast Parsnips, Peas Salmon with En Croute	Mashed Potatoes	Chocolate Orange Pudding Homemade Soup, Bread and Butter	Egg Custard
Thu 07/06/2007	Kromeski with Cream Sauce Sweetcorn, Broccoli, Broad Beans Smoked Haddock with Orange and Dill	Saute Potatoes	Fruit Filled Pavlova Cauliflower Cheese, Bread and Butter	Jelly and Milk
Fri 08/06/2007	Lamb Casserole Mixed Veg Trout with Spinach Stuffed	Lyonnaise Potatoes	Baked Alaska Assorted Filled Vol-au-Vents, Side Salad, Bread and Butter	Fresh Fruit Salad
Sat 09/06/2007	Chicken Wrapped in Bacon with Tomato Sauce Juilenne Carrots, Battered Courgettes, Leeks Haddock with Pepper Sauce	Potato Wedges	Coconut Souffle Fish Cakes, Baked Beans, Bread and Butter	Angel Delight

Day / Date	Lunch	Sweet	Supper	Sweet
Sun 01/07/2007	Roast Chicken and Yorkshire Pudding Cabbage, Carrots, Cauliflower Cheese	Roast Potatoes Custard	Apple Pie Assorted Sandwiches	Gateaux
Mon 02/07/2007	Lasagne Served with Mixed Leaves & Tomatoes Mushy Peas Breaded Plaice	Chips	Melon Balls and Strawberry Coullis Assorted Salads, Bread and Butter	Chocolate Chip Muffins
Tue 03/07/2007	Lamb in Wine, Garlic and Rosemary Sauce Spring Greens, Parsnips, Swede Cod with Sweet and Sour Sauce	New Potatoes	Spotted Dick Custard	Jaffa Cakes
Wed 04/07/2007	Turkey Escalopes with White Wine and Cream Sauce French Beans, Brussel Sprouts with Garlic and Bacon, Sweetcorn Salmon with En Croute	Fantail Potatoes	Rhubarb Crumble Custard	Battenburg Cake
Thu 05/07/2007	Pork in Mushroom Sauce Broccoli, Leeks, Red Cabbage Haddock with Cucumber Sauce	Lyonnaise Potatoes	Citrus Sponge Pudding Cream	Bacon & Tomatoes, Bread and Butter Fresh Fruit Salad
Fri 06/07/2007	Beef with Orange and Redcurrant Sauce Mange Tout, Swede, Cauliflower Fishermans Pie	Mashed Potatoes	Rice Pudding	Sausage Rolls, Salad or Baked Beans and Bread and Butter Eccles Cakes
Sat 07/07/2007	Veggie Burgers with Tomato Sauce Carrots, Courgettes, Peas Smoked Haddock with Dill Sauce	Croquet Potatoes	Fruit Filled Pavlova	Crab Sticks, Side Salad, Bread and Butter Cheesecake